

## ASDAN - Key Stage 3

ASDAN provides flexible engaging programmes and qualifications that will help our pupils develop skills for learning work and life. Over the year pupils will undertake short courses; Foodwise and courses of their choice. These courses prepare pupils for GCSE and higher qualifications, providing life skills that will enhance future opportunities. All of our courses are tailored to develop self-confidence, self-awareness and gain a better understanding of being a successful learner.

Pupils will gain valuable skills that will help when it comes to gaining skills, so that they are well equipped to cope with the demands of key stage 4. Throughout our courses' pupils will also gain a better understanding of how to keep themselves safe and healthy both physically and mentally. Personal development is a huge part of our school ethos and this programme where learners are well prepared to respect others and contribute to wider society.

**Food Wise** – The Food Wise Short Course allows pupils to gain and improve upon culinary skills. Pupils will have the opportunity to show off their cooking skills using a range of different methods and techniques as well as learning the importance of maintaining a balanced diet, budgeting and food safety.

